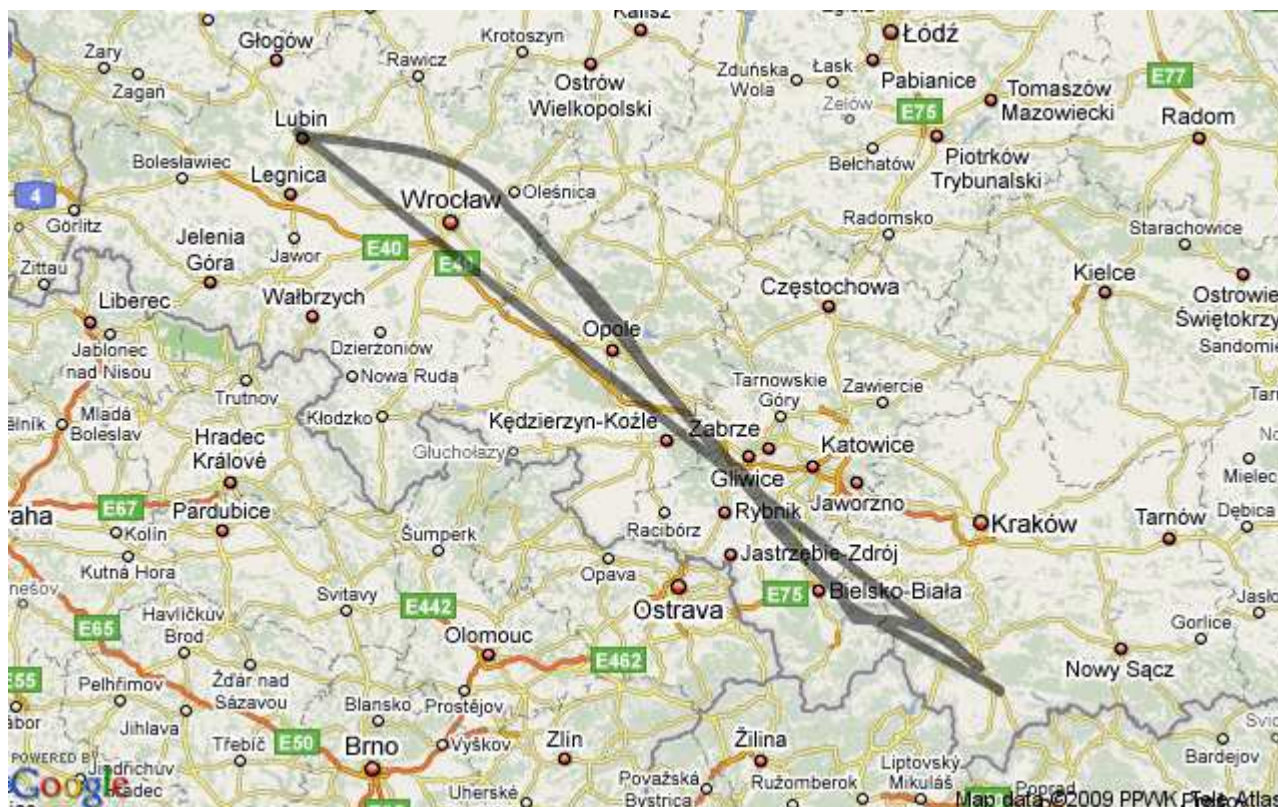




Notes:

Nowy Targ - Gora Zar - Port Lotniczy Lubin

Workout summary

Username	mati
Activity	Flying
Route	
Start time	22.05.09 10:02
Duration	2 h 5 min 30 s
Distance	378 km
Speed (average)	180,7 km/h
Speed (max)	817,2 km/h
Pace (average)	20 s / km
Pace (max)	4 s / km
Altitude (min)	19,7 m
Altitude (max)	115 m
Step count	0
Heart rate (manual)	

Workout profile

