



Notes:

Nowotarski spacer (Nowy Targ 02-12-2007)

Workout summary

Username	mati
Activity	Walking
Route	
Start time	02.12.07 14:29
Duration	1 h 28 min 37 s
Distance	5.09 km
Speed (average)	3.44 km/h km/h
Speed (max)	16.6 km/h km/h
Pace (average)	17 min 24 s per km
Pace (max)	3 min 36 s per km
Altitude (min)	61.3 m
Altitude (max)	66.75 m
Step count	0
Heart rate (manual)	

Workout profile

