



Notes:

Trasa o przebiegu: Nowy Targ - Gronkow - Jurgow - Nowa Biala - Lopusznia - Ostrowsko - Waksmund - Nowy Targ

Workout summary

Username	mati
Activity	Cycling
Route	
Start time	28.04.08 17:19
Duration	2 h 22 min 1 s
Distance	27.3 km
Speed (average)	11.5 km/h km/h
Speed (max)	145 km/h km/h
Pace (average)	5 min 12 s per km
Pace (max)	24 s per km
Altitude (min)	60.25 m
Altitude (max)	74.7 m
Step count	0
Heart rate (manual)	

Photos



Workout profile

