



Notes:

Nowy Targ - Maruszyna - Skrzypne - Szaflary - Nowy Targ

Workout summary

Username	mati
Activity	Cycling
Route	
Start time	09.05.08 16:58
Duration	1 h 26 min 48 s
Distance	26.5 km
Speed (average)	18.3 km/h km/h
Speed (max)	190 km/h km/h
Pace (average)	3 min 16 s per km
Pace (max)	18 s per km
Altitude (min)	62.55 m
Altitude (max)	80.55 m
Step count	0
Heart rate (manual)	

Workout profile

